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# Brave, The: Conquering The Fears That Hold You Back



## Synopsis

The teen years are full of fears big and small. Teens are afraid to be themselves, afraid of being left out, afraid of being alone, and afraid of being lost in the crowd. They crave attention and acceptance and spend much of their time reacting to the fear of not fitting in. Bestselling authors Hayley and Michael DiMarco help teens embrace being the "me" they're supposed to be, regardless of the expectations or criticisms of others. They offer teens "five smooth stones" they can use to slay the fear, shyness, and other giants in their lives. Perfect for any teen, both the "confident" and the "shy."

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (4 customer reviews)

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## Customer Reviews

Love this book and the examples it gives. Very well written and easy to understand as it lays out all you need to learn from the Bible about bravery and the role faith plays in it. The scriptures are used to illustrate the points in a clear precise way. Really glad I purchased this book. It's the kind of book you to turn back to at those times when you need it for a pick me up or refresher course.

What are you afraid of? Failure? Bullies? Pop quizzes? Natural disasters? Embarrassing yourself? There's a ton of stuff in the world that make us scared, stressed out, and worried. Things that make us want to hide. Things that make us doubt that God cares. But Hayley & Michael DiMarco show us that the Brave people around us aren't superhumans, they just learned how to have faith. Not in themselves, but in Someone much bigger than their fears. Are you tired of being afraid? Want to be one of the Brave? Even adults get worried, scared, or stressed out. So even though pop quizzes don't scare me any more, and I learned to laugh over embarrassing incidents, I

still get scared when the phone rings. Is it bad news? Is someone calling to cause problems or disrupt my life in some way? Or when a police car pulls into the driveway and your teenage son isn't home... was there an accident? Fear happens, to every one. But the DiMarcos show us in THE BRAVE how we can turn our fears over to God and let Him handle them. Pretty in blue, THE BRAVE includes pop quizzes, but the fun kind, where you learn if you are brave or scared. And it has five facts that they discuss. They include: The Brave have faith. The Brave fear the right thing. The Brave know the truth. The Brave know pain. The Brave conquer their fear Full of truth, biblical advice, and personal stories, THE BRAVE is perfect for the tweener, teenager, and even adult who wants to be one of the Brave. The blue print is kind of hard to read (though pretty) but that's my only complaint. Recommended. 4.5 stars

A book written for teens on how to conquer fears that hold you back. Are there fears that don't hold you back? The DiMarco's are very up front with the struggles they both have gone through. This is refreshing in a society of fake perfection people. Inside you will read five chapters that describe characteristics of someone who's brave. These chapters touch on: Having faith Fearing the right thing Knowing the truth Knowing pain Conquering your fear They dish out the prerequisite amount of biblical examples and verses but, in the end, I felt like most of the arguments stemmed from the idea of, "just tough it out kiddo and you'll see that everything is a-ok" While this is accurate for many fears (such as fear of flying or public speaking) there are some fears that no amount of "toughing out" will conquer. This mentality from the DiMarco's was disappointing. I don't want to get into an argument about this post-modern, "victim" mentality but there are some honest-to-goodness fears where it would only make things worse to tell the person to knuckle down and grin and bear it. This book was provided for review, at no cost, by Baker Publishing Group

Amazing! just as I expected!

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